

PEDIATRIC UROLOGY MANAGEMENT RECOMMENDATIONS

New Referrals 800-482-3284
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Inguinal Hernia immediate consult

Major Congenital Anomalies consult at birth
Ambiguous Genitalia, Bladder Exstrophy, Prune Belly Syndrome or Urogenital Sinus Anomaly

Undescended Testicles Nonpalpable → consult 3 months of age
Palpable testis → consult between 3 and 6 months of age

Hypospadias or Chordee consult at 3 months of age

Prenatal Hydronephrosis routine consult, unless severe → urgent
Male newborns should have VCUG prior to discharge to r/o posterior urethral valves.
If postnatal u/s is normal, repeat u/s in 2 weeks. (neonatal oliguria hides hydro first 48hrs of life)

Renal Anomalies
Duplication of collecting system, megaureter, UPJ obstruction, multicystic dysplastic kidney, renal ectopy or ureterocele → if a VCUG was not done, we can arrange one for the same day as consult appt.

Wilms Tumor urgent consult

Urinary Tract Infection routine consult if recurrent or associated with anatomic anomaly
All children should have catheterized specimen for C&S and urinalysis (per AAP guidelines).
Treat dysfunctional voiding and constipation.

Sonogram – all children
VCUG for whom? All boys – regardless of age or fever
Controversial All girls under age 7
Girls over age 7 with fever (pyelonephritis) or recurring infections

Vesico-Ureteral Reflux routine consult
Treat dysfunctional voiding and constipation.

if indicated, antibiotic prophylaxis under 3 months: amoxicillin or keflex
over 3 months: sepra or macrodantin

Painless Hematuria Nephrology Consult
Should be >2-3 RBC/hpf. Check for proteinuria, hypertension, increased urinary calcium clearance.
If there is h/o urinary tract infection, prior urologic problem or stones → Peds Urology consultation.

Circumcision We do not do *neonatal* circumcisions.
Treat phimosis with steroid cream (betamethasone 0.05%) applied to tip of foreskin QID for 6 wks.
Circumcision will not be covered by insurance unless there is a medical problem.

Nocturnal Enuresis consult after age 7
Recommend bed alarm. Treat dysfunctional voiding and constipation.

Neurogenic Bladder routine consult, most patients need to be on clean intermittent catheterization
Spina Bifida, Spinal Cord Injury or Tethering, Sacral Agenesis.