

The CENTER

What you need to know from Shasta Community Health Center



**AUGUST
2018**

COMING SOON

Community Connects:
Fraud Prevention

August 3rd
12:00-1:00pm
Redding Library

Tobacco Recovery

August 10th
1:00pm-3:00pm
Anderson Community Center
6 week workshop

**Healthcare for the
Homeless BBQ**

August 15th
11:00am-1:00pm
HOPE Van @
Empire Recovery
1237 California St. Redding

Special Events:
Mobile Mammograms

August 20th
9:00am-4:30pm
Anderson Family
Health Center

August 21st
9:00am-4:30pm
Shasta Lake City
Family Health Center

August 23rd
9:00am-4:30pm
HOPE Van @ The Mission

For More Information, Questions,
or to Sign-up for a Workshop Call
the Patient Education Team at
(530) 229-5115

Special Events:

MOBILE MAMMOGRAMS

Shasta Community Health Center has partnered with Life Saving Images to present three mobile mammograms events around Shasta County.

Do you need a Mammogram?

Take part in this breast cancer screening event. It features a mobile mammogram bus.

Who can attend?

Women who are 40 or older and members of Partnership HealthPlan of California (PHC).

August 23rd Only: Women who are 40 or older and enrolled in the Cancer Detection Program (CDP) can also attend. Enrollment is good for 1 year.



How to participate?

Call the appropriate number listed below to schedule a visit. Walk-ins are also welcome.

AUGUST 20TH

9:00am - 4:30pm
Anderson Family
Health Center
2801 Silver St.
Anderson, CA 96007
(530) 378-0486

AUGUST 21ST

9:00am - 4:30pm
Shasta Lake Family
Health Center
4215 Front St.
Shasta Lake City
(530) 276-9168

AUGUST 23RD

9:00am - 4:30pm
SCHC HOPE Van @
The Mission
3050 Veda St.
Redding, CA 96001
(530) 246-5710

Immunization is the process of making a person immune, or protected, from a disease. Usually by giving a vaccine, which is often given as a shot.





CHILDREN'S HEALTH EVENT

Get your child ready for school with their Well Child exam and by getting shots needed for the school year.

Who: Partnership HealthPlan Members assigned to SCHC

When: August 11th 9am - 1pm

Where: SCHC Main Center, 1035 Placer St. Redding, CA

How: Call (530) 246-5710 today to book your spot. Walk-ins welcome on first-come first-served basis.

COMMUNITY CONNECTS @ THE REDDING LIBRARY



Fraud Prevention - August 3rd, Noon - 1pm

Keep yourself and your loved ones safe from fraud. Learn about current trends and how to protect yourself. After this talk, you will know what to do if you become a victim.



Back to School Homework Help - September 7th, Noon - 1pm

Shasta Public Libraries has free resources to help the students in your life succeed. Discover what we have to offer. We will cover online homework help, tutoring and more.



Starting a Walking Program - October 5th, Noon - 1pm

Are you interested in starting a walking program? Healthy Shasta will give you the tips you need to do it safely.



Veteran Resources - November 2nd, Noon - 1pm

The Veterans Resource Center will discuss rapid re-housing, homeless prevention, and permanent supportive housing for veterans.



Self-Defense & Neighborhood Watch - December 7th, Noon - 1pm

Join us for a program filled with practical advice for insuring your personal safety and securing your person, property, home and neighborhood. You'll hear personal defense tips and tricks, how to secure your home, and how to start a neighborhood watch.

WHAT'S GOOD TO KNOW:

- **Need an appointment right away?** SCHC's Urgent Care is here to fill the gap in primary care and the ER. It is open Monday through Thursday from 8am-8pm, Friday from 8am-5pm, and Saturday from 9am-1pm. Call (530) 246-5710 for details.
- **Do you know the best way to talk to your healthcare team?** Shasta Health Connect is your online health resource that gives you direct access to your healthcare team that's quick and easy!
- **Will you have to pay a penalty?** Having health insurance is still required by law for most Americans. The tax penalty will end in 2019. For 2018, you must show that you had health insurance when you file your taxes, unless you qualify for an exemption. If you didn't have health insurance and don't qualify for an exemption, you will have to pay a penalty when you file your 2018 taxes. If you have questions or need health insurance, call our Outreach & Enrollment team at (530) 229-5117.