

Community Food Resources

For additional resources or information you can call 211 or go to 211shasta.org.

COOKED MEALS

Goods New Rescue Mission

(530) 241-5754 3075 Veda St. Redding, CA 96001

Second Baptist Church

(530) 222-4041 2560 Bunker St Redding, CA 96002

Hillside Church

(530) 241-0551

621 Twin View Blvd Redding, CA 96003

Bethel Kitchen Ministry

(530) 246-6000

935 College View Dr. Redding, CA 96003

EMERGENCY FOOD SUPPLIES

Shepherd's Heart (530) 347-5488

3320 Brush St. Cottonwood, CA 96022

Anderson-Cottonwood Christian Assistance

(530) 365-4220

2979 East Center St. Anderson, CA 96007

Good News Rescue Mission

(530) 241-5754 3075 Veda St. Redding, CA 96001

Living Hope Compassion Ministries

(530) 243-8066 1043 State St. Redding, CA 96001

- Food co-op program

People of Progress

(530) 243-3811 1242 Center St Redding, CA 96001

Redding Loaves and Fishes

(530) 241-1108

1180 Industrial St. #A Redding, CA 96002

The Salvation Army

(530) 222-2207 2691 Larkspur Ln. Redding, CA 96002

Shasta Lake Community Food Pantry

(530) 275-8052

1501 McConnell Ave. Shasta Lake City, CA 96019

Shasta Senior Nutrition Programs

(530) 226-3071

100 Mercy Oaks Dr. Redding, CA 96003

- Not just for seniors

Sikh Temple

(530) 365-7187

3900 Riverside Ave Anderson, CA 96007

Shingletown Grassroots Food Pantry

(530) 474-4220

7752 Ponderosa Way Shingletown, CA 96088

Black Butte Elementary School, room 19

USDA Commodities

Food is distributed at several locations. Go to www.ssnpweb.org or call (530) 226-3071.

Ono Igo Community Church (530) 396-2277

HIV/AIDS Food Program (530) 223-2118

- Shasta, Trinity & Tehama Counties

Lunch Bunch (530) 364-2384

Free Summer Lunch Program (530) 225-0200

- 18 years and younger

Martin Luther King Center

(530) 225-4375 1815 Sheridan St Redding, CA 96001

ONGOING ASSISTANCE

CalFresh (530) 225-5767 or (800) 570-1107

www.C4Yourself.com

- Helps people with low or no income buy healthy food.

Women, Infants & Children (530) 225-5168

- WIC helps pregnant women, mothers and infants, and young children eat well.

EDUCATIONAL SERVICES

Nutrition Education Workshop

SCHC Patient Education

(530) 246-5953 or (530) 229-5124

- Classes held in Redding, Shasta Lake City & Anderson throughout the year
- Call or visit www.shastahealth.org for additional information

This resource list is provided compliments of Shasta Community Health Center.

www.shastahealth.org

This handout is provided by Shasta Community Health Center (SCHC) and is designed to assist you in your search for community resources. It is not a guarantee of service and the services and organizations listed are not associated with SCHC. SCHC does not endorse or recommend any particular service or organization listed. SCHC takes no responsibility for any services or assistance that may, or may not, be rendered.